

A Taste of Thai with Herbal Packs
January 30 & 31, 2010
10 am – 5 pm
Fee: \$275*

14 CEs Category A NCBTMB (#152830), AMTA,
Thai Healing Alliance International (THAI #1064)

Introduction -(7 hours) - A workshop introducing Thai Massage and teaching specific skills therapists can integrate into an existing practice. Lecture, demonstration, and plenty of hands-on time. Students will learn passive stretches and pressure with their thumbs, palms, elbows and feet to increase flexibility, relieve muscular and joint tension, and balance energy. Students learn a mini one-hour session in a relaxed pace, with the client lying primarily on their back. You can choose to work on a floor mat or massage table. Handouts provided. There will also be videos and textbooks for sale.

A Taste of Thai with Herbal Packs - (7 Hours) - On the second day, we learn about the traditional herbs used in Thai herbal packs, and then apply the heated packs during a one-hour session done on the table or floor. The herbal packs are wonderful used during a Thai session, or as an added bonus with a regular massage, being placed on specific parts of the body that need attention. The herbs are wrapped in a cotton cloth, heated, and applied directly over the client's clothing. Clients love the effect and added benefits. ITM uses a powerful combination of over 20 herbs and flowers that are sent to us directly from Thailand. These are the best herb packs available.

Register with Gloucester County School of Massage ~ 856.582.3500
207 Hollydell Drive, Sewell, NJ 08080 ~ <http://www.gloucestermassage.com>

Name _____

Address _____

City/State/Zip _____

Phone _____ (H) _____ (W)

e-mail _____

Name as it is to read on your certificate:

***Register before December 30, 2009 and pay only \$250!**